

ЦЕНТЪР ЗА КНИГАТА
БИБЛИОТЕКА

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Да докоснеш небето - 40 години от българската експедиция до Еверест

Избрана библиография

КЛЮЧОВИ ДУМИ:

На български език: планини, планински туризъм, туризъм, алпинизъм

На английски език: mountains, mountain tourism, tourism, mountaineering

ДОКУМЕНТИ: книги

ХРОНОЛОГИЧЕН ОБХВАТ: 1926 г. - 2021 г.

БИБЛИОГРАФСКИ ИЗТОЧНИЦИ:

1. Каталог на Библиотеката на НБУ

ЕЛЕКТРОННИ РЕСУРСИ:

1. Central and Eastern European Online Library (CEEOL)
2. EBSCO: Academic Search Ultimate
3. EBSCO: eBook Academic Collection
4. JSTOR
5. Emerald
6. Science Direct

март 2024

КНИГИ

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БОЯНОВА, Наталия Тодорова. *Българско-руски речник : Туризм*. Б.м.: Военно издателство, 2002. ISBN 9545092386.

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ГУШЕВ, Ангел Недялков, Калина ГУШЕВА. *Пирин : Илюстрирана енциклопедия : Туристически маршрути*. София: Университетско издателство „Св. Климент Охридски“, 2012. ISBN 9789540730509.

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[Съдържание](#)

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ДЕЛИРАДЕВЪ, Павелъ. *Рила : Т. 1. : Свитък 3 : Популярен очеркъ*. София: Б. Т. Д. Софийски клонъ „Ал. Константиновъ“, 1928.

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ЕВТИМОВА, Виолета. *Фото пътеводител на Западни Родопи*. София: Травъл Буукс, 2017. ISBN 978-619-903-302-9.

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ИВАНОВ, Александър. *Пирин : Вълшебната планина = Pirin : The magic mountain*.

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КОТЕВ, Йордан. *Осоговската планина : Култът към Св. Мина в Югозападна България*. Кюстендил: б.и., 2002.

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ТЕНСИНГ. *Човекът от Еверест : Автобиографията на Тенсинг*. Прев. от англ. език Захари РАШКОВ. София: Медицина и физкултура, 1960.

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Източник: Каталог на Библиотеката на НБУ сигнатура ПБ 930.85 / 103241

ELDER, John. *Reading the mountains of home*. Cambridge: Harvard University Press, 1999. ISBN 067-474-889-1.

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Observatoire de montage de moussala OM2 : fascicule 8 : observation de l'environnement de montagne en Europe = Високопланинска обсерватория Мусала OM2 : Кн. 8. :

Изследване на околната среда на планините в Европа. Състав. Жан-Пиер КАРБОНЕЛ, Йордан Н. СТАМЕНОВ. Sofia: Institut de recherche nucleaire et d'energie nucleaire, 1998. ISBN 954-90025-9-4.

Източник: Каталог на Библиотеката на НБУ сигнатура 55 / О-17

ЕЛЕКТРОННИ РЕСУРСИ

Книги

HAYES, Adrian. *One Man's Climb: A Journey of Trauma, Tragedy and Triumph on K2* [online]. Havertown, PA: Pen and Sword History, 2018 [viewed 25.03.2024]. ISBN 978-152-674-537-8. EBSCO: eBook Academic Collection [viewed 22.03.2024]. Available from:

<https://search.ebscohost.com>

Description: A deeply moving story of the beauty and brutality of life, and death, on the world's most unpredictable and perilous mountain. Sitting just lower than Everest at 8,611 meeres above sea level on the China–Pakistan border, the Savage Mountain claims the lives of even the most experienced climbers. Alongside severe altitude, the weather is notoriously volatile and the climb relentlessly steep. A staggering one in four attempts result in death on the mountain. In *One Man's Climb*, Adrian Hayes details an intensely personal account of his attempts to climb K2 – first in 2013 and again in 2014. Absorbing and self-reflective, his journey is as much a story of climbing a mountain as it is a testament to the human spirit's ability to endure.

Источник: EBSCO: eBook Academic Collection

HANSEN, Peter H. *The Summits of Modern Man: Mountaineering After the Enlightenment* [online]. Harvard University Press, 2013 [viewed 25.03.2024]. ISBN 978-067-404-799-0.

EBSCO: eBook Academic Collection [viewed 22.03.2024]. Available from:

<https://search.ebscohost.com>

Description: The history of mountaineering has long served as a metaphor for civilization triumphant. Once upon a time, the Alps were an inaccessible habitat of specters and dragons, until heroic men—pioneers of enlightenment—scaled their summits, classified their strata and flora, and banished the phantoms forever. A fascinating interdisciplinary study of the first ascents of the major Alpine peaks and Mount Everest, *The Summits of Modern Man* surveys the far-ranging significance of our encounters with the world's most alluring and forbidding heights. Our obsession with “who got to the top first” may have begun in 1786, the year Jacques Balmat and Michel-Gabriel Paccard climbed Mont Blanc and inaugurated an era in which Romantic notions of the sublime spurred climbers' aspirations. In the following decades, climbing lost its revolutionary cachet as it became associated instead with bourgeois outdoor leisure. Still, the mythic stories of mountaineers, threaded through with themes of imperialism, masculinity, and ascendant Western science and culture, seized the imagination of artists and historians well into the twentieth century, providing grist for stage shows, poetry, films, and landscape paintings. Today, we live on the threshold of a hot planet, where melting glaciers and rising sea levels create ambivalence about the conquest of nature. Long after Hillary and Tenzing's ascent of Everest, though, the image of modern man supreme on the mountaintop retains its currency. Peter Hansen's exploration of these persistent images indicates how difficult it is to imagine our relationship with nature in terms other than domination.

Источник: EBSCO: eBook Academic Collection

HULL, Jennifer. *Shook: An Earthquake, a Legendary Mountain Guide, and Everest's Deadliest Day* [online]. Albuquerque: University of New Mexico Press, 2020 [viewed 25.03.2024]. ISBN 978-082-636-194-3. EBSCO: eBook Academic Collection. Available from:

<https://search.ebscohost.com>

Description: Dave Hahn, a local of Taos, New Mexico, is a legendary figure in mountaineering. Elite members of the climbing community have likened him to the Michael Jordan, Cal Ripken, or Michael Phelps of the climbing world. The 2015 expedition he would lead came just one short year after the notorious Khumbu Icefall avalanche claimed the lives of sixteen Sherpas. Dave and his team—Sherpa sirdar Chhering Dorjee, assistant guide JJ Justman, base-camp manager Mark Tucker, and the eight clients who had trained for the privilege to attempt to summit with Dave Hahn spent weeks honing the techniques that would help keep them alive through the Icefall and the Death Zone. None of this could have prepared them for the earthquake that shook Everest and all of their lives on the morning of April 25, 2015. *Shook* tells their story of resilience, nerve, and survival on the deadliest day on Everest.

Источник: EBSCO: eBook Academic Collection

MAZZOLINI, Elizabeth. *The Everest Effect: Nature, Culture, Ideology* [online]. Tuscaloosa: University Alabama Press, 2016 [viewed 25.03.2024]. ISBN 978-081-731-893-2. EBSCO: eBook Academic Collection [viewed 22.03.2024]. Available from:

<https://search.ebscohost.com>

Description: In *The Everest Effect* Elizabeth Mazzolini traces a series of ideological shifts in the status of Mount Everest in Western culture over the past century to the present day and links these shifts to technologies used in climbs. By highlighting the intersections of technology and cultural ideologies at this site of environmental extremity, she shows both how nature is shaped—physically and symbolically—by cultural values and how extreme natural phenomena shape culture. Nostalgia, myth, and legend are intrinsic features of the conversations that surround discussions of historic and contemporary climbs of Everest, and those conversations themselves reflect changing relations between nature, technology, and ideology. Each of the book's chapters links a particular value with a particular technology to show how technology is implicated in Mount Everest's cultural standing and commodification: authenticity is linked with supplemental oxygen; utility with portable foodstuffs; individuality with communication technology; extremity with visual technology; and ability with money. These technologies, Mazzolini argues, are persuasive—and increasingly so as they work more quickly and with more intimacy on our bodies and in our daily lives. As Mazzolini argues, the ideologies that situate Mount Everest in Western culture today are not debased and descended from a more noble time; rather, the material of the mountain and its surroundings and the technologies deployed to encounter it all work more immediately with the bodies and minds of actual and “armchair” mountaineers than ever before. By moving the analysis of a natural site and phenomenon away from the traditional labor of production and toward the symbolic labor of affective attachment, *The Everest Effect* shows that the body and nature have helped constitute the capitalization that is usually characterized as taking over Everest.

Източник: EBSCO: eBook Academic Collection

MAZEL, D. *Mountaineering Women: Stories by Early Climbers* [online]. 1st ed. Texas: A&M University Press, 1994 [viewed 25.03.2024]. ISBN 978-089-096-616-7. EBSCO: eBook Academic Collection. Available from: <https://search.ebscohost.com>

Източник: EBSCO: eBook Academic Collection

RAK, Julie. *False Summit: Gender in Mountaineering Nonfiction* [online]. McGill-Queen's University Press, 2021 [viewed 25.03.2024]. ISBN 978-022-800-626-8. EBSCO: eBook Academic Collection. Available from: <https://search.ebscohost.com>

Description: The race to climb Everest catapulted mountain climbing, with its accompanying images of conquest and sport, into the public sphere on a global scale. But as a metaphor for the pinnacle of human achievement, mountaineering remains the preserve of traditional white male heroism. *False Summit* unpacks gender politics in the expedition narratives and memoirs of mountaineers in the Himalayas and the Karakoram. Why are women still a minority in the world's highest places? Julie Rak proposes that the genre has itself reached a 'false summit'—a peak that proves not to be the pinnacle—and that mountaineering is not ready to welcome other ways of climbing or other kinds of climbers. For more than two centuries mountaineering, as an activity and as an ideal, has helped shape how the self is understood within the context of conquest, adventure, and proximity to risk. As climbing shows signs of becoming more diverse, Rak asks why change is so hard to achieve and why gender bias and other inequities exist in climbing at all. Exploring classic and lesser-known expedition accounts from Everest, K2, and Annapurna, *False Summit* helps us understand why mountaineering remains one of the most important ways to articulate gender identities and politics.

Източник: EBSCO: eBook Academic Collection

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БЕНОВСКА-СЪБКОВА, Милена. Планински туризъм, градска култура и национални чувства: „изкачване на Витоша“ като форма на съвременно поклонничество. *Българска*

етнология [онлайн]. 2006, (2), с. 71-81 [прегледан 26.03.2024]. CEEOL. eISSN 2367-6892. Достъпен на: <https://www.ceeol.com/search/article-detail?id=194537>
Източник: Central and Eastern European Online Library (CEEOL)

БОЖИКОВ, Крум. Боян Петров и неговите най-значими постижения. *Професионално образование* [онлайн]. 2019, (3), с. 82-288 [прегледан 26.03.2024]. CEEOL. eISSN 1314-8567. Достъпен на: <https://www.ceeol.com/search/article-detail?id=777547>
Източник: Central and Eastern European Online Library (CEEOL)

БОЯНОВ, Дойчин. Въздействие и характерни особености на високопланинския трекинг върху туристи. В: *Съвременни тенденции, проблеми и иновации във физическото възпитание и спорта във висшите училища* [онлайн]. София: УНСС, 2023, с. 183-191 [прегледан 26.03.2024]. ISBN 978-619-232-705-7. CEEOL. Достъпен на: <https://www.ceeol.com/search/chapter-detail?id=1128456>
Източник: Central and Eastern European Online Library (CEEOL)

ЙОРДАНОВ, Венцислав и Евгени ЙОРДАНОВ. „Учи в планината“ – влияние на планинската среда върху някои психични компоненти и академичния успех при студенти по време на сесия. *Научни трудове на УНСС* [онлайн]. 2017, (2), с. 221-232 [прегледан 26.03.2024]. CEEOL. eISSN 1314-8567. Достъпен на: <https://www.ceeol.com/search/article-detail?id=600280>
Източник: Central and Eastern European Online Library (CEEOL)

ПАНУШЕВА, Таня. Новите технологии в глобалния туризъм. *Икономика и управление* [онлайн]. 2010, (2), с. 88-92 [прегледан 26.03.2024]. CEEOL. eISSN 2683-1325. Достъпен на: <https://www.ceeol.com/search/article-detail?id=510405>
Източник: Central and Eastern European Online Library (CEEOL)

РИЗОВА, Теодора. Планинският туризъм в концептуалния модел за туристическото райониране на България. *Годишник на департамент „Администрация и управление“*. 2017, (1), с. 175-183 [прегледан 26.03.2024]. CEEOL. eISSN 2603-297X. Достъпен на: <https://www.ceeol.com/search/journal-detail?id=2274>
Източник: Central and Eastern European Online Library (CEEOL)

ТОНЧЕВА, Светослава. Непал – пътуването на живота ми. *Българска етнология* [онлайн]. 2016, (1), с. 142-156 [прегледан 26.03.2024]. CEEOL. eISSN 2367-6892. Достъпен на: <https://www.ceeol.com/search/article-detail?id=411488>
Източник: Central and Eastern European Online Library (CEEOL)

BENEDIKT, Gasser. Rock falls while high-altitude mountaineering – More often in the last years? Evidence from the Swiss alps. *Heliyon* [online]. 2024, vol.10(3), № e25413 [viewed 25.03.2024]. ScienceDirect. ISSN 2405-8440. Available from: <https://doi.org/10.1016/j.heliyon.2024.e25413>
(<https://www.sciencedirect.com/science/article/pii/S2405844024014440>)
Abstract: Objectives. One risk while high-altitude mountaineering despite falls or stranding are rock falls. Due to the climatic change such events might have become potentially more common yielding to the research question to elucidate rock falls while high-altitude mountaineering in the Alps of Switzerland.

Design: A retrospective analysis was conducted from the central registry of the Swiss Alpine Club (SAC) during the observational period from 2009 to 2020.

Results: A total of 266 cases of rock falls was detected during an observational period yielding to in average 22.2 ± 7 emergency cases per year. No increase nor decrease of the number of cases over time ($R^2 = 0.0019$) was detected. The average age of a victim was 50.2 ± 18.6 years. The mean of the NACA-Score (NACA = National Advisory Committee for Aeronautics) was 2.7 ± 1.4 implying a moderate injury, however not life threatening. The NACA-Score slightly decreased over time indicating that emergencies have become less severe ($R^2 = 0.1379$). The injury pattern was relatively equal distributed between upper and lower extremity.

Conclusions: The slight decrease in the severity of the events might be a consequence of increasing security standards over the observational period. The fact that the average victim of an emergency action was around 50 years, might indicate that stone falls are a constant risk as it can be suggested that alpinists with this age are more risk averse than younger alpinists. As findings were analyzed in a retrospective design, a quasi-prospective design might be helpful while directly analyzing emergencies after occurrence with interviews of involved persons. These hints could be used constructively in order to improve security recommendations.

Источник: ScienceDirect

DOYTCHEV, B. The Impact of Mountaineering and Climbing on the Environment. *Trakia Journal of Sciences* [online]. 2021, vol. 19 (1), pp. 540-545 [viewed 25.03.2024]. EBSCO:

Academic Search Ultimate. ISSN 1313-3551. Available from: doi:10.15547/tjs.2021.s.01.083

Abstract: The purpose of this study is to demonstrate the environmental impact of mountaineering and climbing. In recent years, they have become one of the enticing sports practiced by amateurs and athletes. The results obtained unequivocally reveal that a commitment of the organizers to the protection of the environment and the natural resources of the mountains and rocks is needed. This includes the protection of endangered plant and animal species, their ecosystems, and the environment. Conclusion: The joint efforts of various institutions are needed in order to increase the popularity and awareness of the commented sports, which should be realized under optimal environmental conditions and not violate its ecological sustainability. This requires a current environmental policy and education aimed at future development in this direction. Mountains and rocks are a limited resource that must be shared by climbers and climbers with different interests and from different generations.

Источник: EBSCO: Academic Search Ultimate

ELDAROV, Svetlozar. The Mountain and The City Sofia in The Development of Bulgarian Mountaineering (1895 – 1912). *Études balkaniques* [online]. 2020, (3), pp. 579-605 [viewed 25.03.2024]. CEEOL. eISSN 2534-8574. Available from:

<https://www.ceeol.com/search/viewpdf?id=944269>

Abstract: The beginning of modern mountaineering or mountain tourism in Bulgaria dates back to 1895 and the Bulgarian capital city played a leading role in its development. In 1899 the First Bulgarian Tourism Association “Aleko Konstantinov” was established in Sofia. In the following years tourism associations were also established in other cities of the country, their status being that of branches of the Bulgarian Tourism Association. In that era tourism in Bulgaria was regarded mainly as mountaineering. The article traces the organizational development of the Bulgarian mountaineering until the First Balkan War and presents its main characteristics and leading activists.

Источник: CEEOL

GALIAKBAROV, Yermek, Ordenbek MAZBAYEV, Lyailya MUTALIYEVA, Viachaslau FILIMONAU, Hakan SEZEREL. When the mountains call: Exploring mountaineering motivations through the lens of the calling theory. *Journal of Outdoor Recreation and Tourism* [online]. 2024, vol. 45, №100743 [viewed 25.03.2024]. ScienceDirect. ISSN 2213-0780. Available from: <https://doi.org/10.1016/j.jort.2024.100743>.

(<https://www.sciencedirect.com/science/article/pii/S2213078024000112>)

Abstract: Although the motives of hard adventure tourists represent a well-established research object, the theoretical foundations which can explain why experienced mountaineers engage in regular ascents remain

under-examined. This study proposes that the concept of calling can help understand mountaineering motivations and explores its role on a sample of highly experienced mountaineers in Kazakhstan (n = 17). The findings of interpretative phenomenological analysis demonstrate how mountaineers view climbing as a calling. The findings reveal pursuits of novelty, re-lived climbing experiences and self-actualization as the inner calls shaping the meaning and purpose in life for mountaineering tourists. The study shows that, despite their risks, regular ascents enable experienced mountaineers to reach mindfulness, thus enhancing personal well-being. Theoretically, the study aids in conceptualizing mountaineering as a calling in life. Practically, it suggests that mountaineering can aid in achieving mindfulness and, if practiced regularly, regular ascents can help (re-)build emotional resilience of hard adventure tourists. Management implications.

The study demonstrates how experienced mountaineers consider regular ascents as their calling in life. This holds important implications for management and marketing of hard adventure tourism. More specifically, tourism managers and marketers should strive to appeal to experienced mountaineers by highlighting the novelty of climbing itineraries. They should also emphasize how regular ascents can aid mountaineering tourists to re-live their climbing experiences, achieve self-actualization, and reach mindfulness. The study shows that, for experienced hard adventure tourists, the opportunity to re-engage may represent a strong inner call and even determine the main purpose and meaning in their lives.

Источник: ScienceDirect

MARREN, P. Because it's there. *Journal of Business Strategy* [online]. 2012, vol. 33(3), pp. 48-50 [viewed 25.03.2024]. Emerald. ISSN 0275-6668. Available from:

<https://doi.org/10.1108/02756661211225004>

Abstract: This paper aims to examine some lessons that can be gained from the Everest reconnaissance expedition of 1921 for business strategy. There are at least six lessons to be drawn from the initial Royal Geographical Society reconnaissance of Mt Everest: strategies can be framed as expeditions; the right people need to be assigned the correct roles to make the strategy work; headquarters should respect the judgment of the people in the field and not arbitrarily impose their distant opinions on them; a team of one mind cannot normally succeed; a compelling goal makes up for a lot of shortfalls in other areas; a “failed” strategy can still be valuable if you learn from it.

Источник: Emerald

MARTÍN-TALAVERA, L., GAVÍN-CHOCANO, Ó., SANZ-JUNOY, G., MOLERO, D. Self-Concept and Self-Esteem, Determinants of Greater Life Satisfaction in Mountain and Climbing Technicians and Athletes. *European Journal of Investigation in Health, Psychology & Education (EJIHPE)* [online]. 2023, vol. 13(7), pp. 1188-1201 [viewed 25.03.2024].

EBSCO: Academic Search Ultimate. ISSN 2254-9625. Available from:

[doi:10.3390/ejihpe13070088](https://doi.org/10.3390/ejihpe13070088)

Источник: EBSCO: Academic Search Ultimate

MCNEE, Alan. Mountaineering Accidents. *Victorian Review* [online]. 2014, vol. 40(2), pp. 26-30 [viewed 25.03.2024]. JSTOR. eISSN 1923-3280. Available from:

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Источник: JSTOR

NASERI, H., NOURBAKHSI, P., KHOHANDEL, M., KHODAYARI, A. Investigating the causal relationship between sustainable development and perceived risk with the mediating role of the personality of the country's mountaineering athletes. *International Journal of Pharmaceutical Research (09752366)* [online]. 2021, vol. 13(1), pp. 6225-6236 [viewed 25.03.2024]. Available from: [doi:10.31838/ijpr/2021.13.01.803](https://doi.org/10.31838/ijpr/2021.13.01.803)

Abstract: The purpose of research was to investigate the causal relationship between sustainable development and perception of risk with the mediating role of the personality of mountaineering athletes in country. The research method was descriptive-analytical and the statistical population consisted of northwestern mountaineers. 385

people were selected by cluster stratified random sampling method. The research tools were the researcher-made questionnaires for sustainable development of mountaineers that were prepared during the instrument making process, personality (HEXACO, 2004) and perception of risk (Mun, 2004). For confirmatory factor analysis and path analysis were used to evaluate the construct validity and path analysis using PLS2. Findings showed that the measurement and structural model has a good fit, so sustainable development has a positive and significant relationship directly with the perception of risk and personality, personality also has a positive and significant relationship with perception of risk. Sustainable development through sports personality has a slight indirect relationship with perception of risk, indicating partial mediation between the two variables. To achieve the goals of sustainable development mountaineers and mountaineering practitioners pay attention to their perception of risk and personality They can reduce accidents and casualties in mountaineering and take effective steps in managing the sustainable development of mountaineering.

Источник: EBSCO: Academic Search Ultimate

PAYNE, D., SNETHLAGE, M., GESCHKE, J., SPEHN, E. M., & FISCHER, M. Nature and People in the Andes, East African Mountains, European Alps, and Hindu Kush Himalaya: Current Research and Future Directions. *Mountain Research and Development* [online]. 2020, vol. 40(2), R1–R14. eISSN 1994-7151 [viewed 25.03.2024]. Available from: <https://www.jstor.org/stable/27002402>

Abstract: Mountains are facing growing environmental, social, and economic challenges. Accordingly, effective policies and management approaches are needed to safeguard their inhabitants, their ecosystems, their biodiversity, and the livelihoods they support.

The formulation and implementation of such policies and approaches requires a thorough understanding of, and extensive knowledge about, the interactions between nature and people particular to mountain social–ecological systems. Here, we applied the conceptual framework of the Intergovernmental Science-Policy Platform on Biodiversity and Ecosystem Services to assess and compare the contents of 631 abstracts on the interactions among biodiversity, ecosystem services, human wellbeing, and drivers of change, and formulate a set of research recommendations. Our comparative assessment of literature pertained to the Andes, the East African mountains, the European Alps, and the Hindu Kush Himalaya. It revealed interesting differences between mountain systems, in particular in the relative importance given in the literature to individual drivers of change and to the ecosystem services delivered along elevational gradients. Based on our analysis and with reference to alternative conceptual frameworks of mountain social–ecological systems, we propose future research directions and options. In particular, we recommend improving biodiversity information, generating spatially explicit knowledge on ecosystem services, integrating knowledge and action along elevational gradients, generating knowledge on interacting effects of global change drivers, delivering knowledge that is relevant for transformative action toward sustainable mountain development, and using comprehensive concepts and codesigned approaches to effectively address knowledge gaps.

Источник: JSTOR

RECKOSKI, R. Legislation for Mountain Trails and Paths as a Factor for Development of Mountaineering Tourism in Macedonia. *Horizons Series A* [online]. 2020, vol. 26, pp. 249-256 [viewed 25.03.2024]. EBSCO: Academic Search Ultimate. Available from: doi:10.20544/HORIZONS.A.26.3.20.P20

Abstract: The adoption of the Law on Mountain Trails from 2014, amended in 2015, gives hope that conditions for the development and promotion of mountaineering tourism will be created in Macedonia, by establishing safe conditions for using mountain and hiking trails and paths. The adoption of the Law determines the conditions and the arrangement of mountain trails and paths, their maintenance, classification and categorization, as well as other issues important for their use. In this way, greater protection of the nature and prevention of negative consequences for biodiversity will be achieved. This Law, together with Bylaws, contains numerous regulations that are fully related to the determination of the mountain paths and trails. The legislation is a good precondition for the development of this segment of alternative tourism in Macedonia.

Источник: EBSCO: Academic Search Ultimate

REIDY, M. S. Mountaineering, Masculinity, and the Male Body in Mid-Victorian Britain. *Osiris* [online]. 2015, vol. 30(1), pp. 158–181 [viewed 25.03.2024]. JSTOR. eISSN 19338287. Available from: <https://doi.org/10.1086/682975>

Abstract: Golden-age mountaineers attempted to codify gender, like flora and fauna, by altitude. They zoned the high Alps masculine. As women also reached into the highest regions, male alpinists increasingly turned to their bodies, and the bodies of their guides, to give scientific validity to their all-male preserve. Edward Whymper traveled to the Andes in 1879, where he transformed Chimborazo into a laboratory and his own body and those of his guides into scientific objects. His work helped spear-head a field-based, vertical approach to human physiology that proliferated after the turn of the century. By viewing gender through a spatial lens and using the sides of mountains to map it, this essay highlights the gendered notions that directed early research in high-altitude physiology.

Источник: JSTOR

RENAUD, F., & L. JANSKY. Risk and Vulnerability in Mountain Regions: Growing Risk and Vulnerability: The Mountain Challenge. *Mountain Research and Development* [online]. 2008, vol. 28(2), pp. 166–167 [viewed 25.03.2024]. JSTOR. eISSN 1994-7151. Available from: <http://www.jstor.org/stable/25164207>

Источник: JSTOR

WENGEL, Y. The micro-trends of emerging adventure tourism activities in Nepal. *Journal of Tourism Futures* [online]. 2021, vol. 7(2), pp. 209–215 [viewed 25.03.2024]. Emerald. Available from: <https://doi.org/10.1108/JTF-01-2020-0011>

Abstract: Purpose.

This paper aims to review two micro-trends influencing the landscape of adventure tourism activities in Nepal. In spite of being a popular adventure tourism destination for more than half a century, the offer of adventure tourism activities in Nepal remained limited until recently.

Design/methodology/approach: This study underpinned by interpretive epistemology used netnographic methods of data collection. As such, 15 stakeholders' interviews were conducted, and 25 grey literature sources were collected.

Findings: The findings suggest that a bottom-up approach to the development of emerging adventure sports and the upsurge of domestic adventure tourism are the micro-trends influencing the adventure tourism landscape in Nepal. This paper discusses skiing and mountain biking as emerging land-based adventure activities. One distinguishing feature is that those initiatives are driven by locals passionate about this sport. Furthermore, skiing and mountain biking are promoted for both international and domestic tourists. Overall, the findings highlight the growth of the domestic adventure tourism market in Nepal.

Practical implications: This study recommends shifting attention from focussing merely on international visitors and to establish domestic adventure tourism market. For practitioners, including tourism agencies and wider industry stakeholders, it might be important to explore the demand in adventure tourism and create products for domestic adventure tourism.

Social implications: Creating and expanding adventure tourism activities for locals would not only provide economic benefit but also contribute to well-being and recreation opportunities for Nepali.

Originality/value: To date, research on adventure tourism activities in Nepal other than mountaineering remains scant. This paper contributes towards understanding the micro-trends influencing the landscape of adventure tourism activities in Nepal and for the first time, explores the trends of Nepal's domestic adventure tourism market.

Источник: Emerald

WESTER, P., RATHORE, B. M. S., VASILY, L. A., SHARMA, E., & MOLDEN, D. The Hindu Kush Himalaya Call to Action: Sustaining Mountain Environments and Improving Livelihoods. *Mountain Research and Development* [online]. 2020, vol. 40(1), P1–P4. JSTOR. eISSN 1994-7151. Available from: <https://www.jstor.org/stable/27002119>

Abstract: Hindu Kush Himalaya (HKH) is the pulse of the planet. Being at the top of the world, changes happen

here before anywhere else, and its beat vibrates across the globe. But urgent actions are required to ensure the health of this global asset and the wellbeing of its people. The uniqueness of HKH mountain people should be recognized and prioritized, and ecosystem services protected by halting biodiversity loss and land degradation. The implementation of the Sustainable Development Goals in the HKH needs to become a global top priority, and keeping global warming below the ambitious 1.58C target is especially urgent here. To achieve all of this, more sharing of information and more robust regional cooperation are required. These 6 urgent actions summarize the HKH Call to Action, formulated through a rigorous consultative process coordinated by the International Centre for Integrated Mountain Development in the 8 HKH countries, based on the key findings of the Hindu Kush Himalaya Assessment report [<https://link.springer.com/book/10.1007%2F978-3-319-92288-1>]

Источник: JSTOR