



NEW BULGARIAN UNIVERSITY

MASTER'S DEGREE PROGRAM

ARTISTIC PSYCHO-SOCIAL PRACTICES AND PSYCHODRAM

Department of Health care and Social Work
and the Theater Department

NBU, Sofia city

Brief presentation of the program:

The program is interdisciplinary and practically oriented. It offers knowledge about the individual, interpersonal relationships, and human behavior in the social context. The basis and methodology of the program are the philosophy, the theoretical approaches and methods of psychodrama and group processes as well as the application of the arts and the expressive approaches in the psycho-social practices and the work with people.

The training in the program goes through theoretical and practical courses and seminars on: contemporary psychological theories, psychological theories, psychodrama and psychoanalysis, psycho-social practices and methods such as psychodrama, sociometry, group dynamics, role analysis, playback theory and practice and street theater, forum theater, art therapy, role play theory, and more.

Out-of-school learning forms include participation in projects under supervision, independent work, project development, seminars, independent research, supervision, etc.

The initiator and main partner in the development of the program is the Red House Center for Culture and Debate Andrey Nikolov (www.redhoude-sofia.org).

Specialty and Professional Qualification:

- Social work through arts and psychodrama
- master of artistic psycho-social practices and psychodrama

Practices:

During their studies students have access to a variety of opportunities for practice in working with children and adults in a different social context.

The students practice on various projects and initiatives of the Red House Center for Culture and Debate (www.redhouse-sofia.org), such as Pavilion 19, "Art for Social Change", "Creativity in School Everyday Life", "Let's Play Children's Dreams, Transition Spaces, Street Theater, Mentoring Program for Support of Children and Families in the Community and Prevention of School Leaving, etc.

Other partner organizations and venues are: the Foundation "New Start" Foundation (<http://novonachalo.net>), the Day Center for Rehabilitation of Solidarity (www.solidarnost-bg.org), the Star of Hope Foundation (www.starofhopebg.com), the Center for Psychosocial Support (www.cpss.info), the Prevention and Information Center on Drug Addictions - Sofia (www.sofiamca.org) and etc.

International mobility:

The program has concluded contracts for the exchange of lecturers and students with Evangelicals Fachschule Darmstadt, Darmstadt, Germany and ISPA - University Institute, Lisbon, Portugal.

The program has signed contract agreements with Sigmund Freud University, Vienna, Austria and Haifa University, Israel.

Competencies of Program graduates:

Program graduates have the knowledge and skills to:

- the person and his environment, as well as the interactions between them through the perspective of creativity and spontaneity as the basic categories of personal growth and autonomy;
- work with people based on different expressive psycho-social approaches - elements of psychodrama, sociometry and group dynamics, role analysis, role play, etc .;
- conducting different types of consultative practices with individuals, groups, communities and institutions in the arts, education, social activities, health care; counseling on solving problems in individual, group and organizational contexts in decision-making, optimizing personal interactions; organizational functioning, management of people, teams, etc .;
- work in interdisciplinary teams with artists, psychologists, pedagogues, social workers, doctors, managers and other professionals in implementing projects with socially disadvantaged people, mentally ill, victims of violence, etc .;
- conducting research in the arts and human relationships in a different cultural context.

Graduation:

Completion of Master Program training takes place with a master's thesis defence or state exam after covering the required number of credits from courses.

The manner and conditions of completion are in accordance with the "Standard for completing the Bachelor's or Master's degree in NBU".

Occupation or position held:

Program graduates receive a variety of organizations, projects, initiatives and teams in the field of group processes, community-based psychosocial counseling, social activities, culture and arts, education, consulting practices with adults and children, etc.

Some of the graduates create their own organizations or independently initiate activities and projects in different social and cultural institutions. Another part of the students are directed to the consultative work through the arts and creative means or continue their training in psychodrama and psychotherapy.

Departments proposing the program:

Health care and Social Work
Theater

Program Consultant:

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Courses in the program

FIRST SEMESTER

Auditory courses (7 in number):

APPM100 Conflicts in social work and their solution in work

Prof. Dr. Zlatka Mihova

Dr. Galina Markova-Derelieva

30 h, 3 cr.

APPM103 Interpretation and psychodrama of fairy tales

Assoc. Prof. Dr. Ekaterina Todorova

Assoc. Prof. Dr. Diana Tsirkova

Malen Malenov

30 h, 3 cr.

APPM113 Neurosciences and Human Behavior

Prof. Dr. Ivajlo Turnev, Ph.D.

30 h, 3 cr.

APPM121 Introduction to Practical Methods and Approaches

Assoc. Prof. Zlatka Mihova

Dr. David Ieroham

Tsvetelina Yosifova

30 h, 3 cr.

APPM122 The Drama of Personality in Different Psychological Theories (Playing Man)

Prof. Dr. Zlatka Mihova

Dr. David Ieroham

Zlatko Teoharov

30 h 3 cr.

APPM304 Drama without a script

Assoc. Prof. Snezhina Petrova

Tsvetelina Gospodinova

30 h, 3 cr.

APPM329 Man and Culture

Assoc. Prof. Haralan Alexandrov

Desislava Morozova

Tsvetelina Yosifova

30 h, 3 cr.

Out-of-Exam courses (5 in number):

APPM107 Project: Participation in research project under supervision I part

Assoc. Prof. Dr. Ekaterina Todorova

Dr. David Ieroham

Tsvetelina Yosifova
60 h, 6 cr.

APPM110 Seminar: Practical course with guest lecturer and team I part

Prof. Dr. Violeta Boyanova
Tsvetelina Yosifova
30 h, 3 cr.

APPM119 Seminar: Supervision and Consideration case studies I part

Prof. Ivaylo Turnev, Ph.D.
Dr. David Ieroham
30 h, 3 cr.

APPM120 Practice I part

Assoc. Prof. Dr. Ekaterina Todorova
Assoc. Prof. Dr. Diana Tsirkova
60 h, 6 cr.

APPM312 Standalone Work: Research, analysis, project development I part

Dr. Galina Markova-Derelieva
Tsvetelina Yosifova
30 h, 3 cr.

SECOND SEMESTER

Auditory courses (7 in number):

APPM106 Development of the therapeutic idea. Case study

Dr. David Ieroham
Tsvetelina Yosifova
30 h, 3 cr.

APPM118 Principles of awareness of short stage form

Assoc. Prof. Snezhina Petrova
Ch. Ass. Dr. Assya Ivanova
Desislava Morozova
Tsvetelina Gospodinova
30 h, 3 cr.

APPM222 The Man and His Relationships (The Man in the Context)

Assoc. prof. Zlatka Mihova
Dr. David Ieroham
Zlatko Teoharov
30 h 3 cr.

APPM223 Psychological theories of development through the prism of the drama

Assoc. Prof. Dr. Ekaterina Todorova
Assoc. Prof. Dr. Diana Tsirkova
Yovko Ivanov

30 h, 3 cr.

APPM224 Practical Role Training

Prof. Vazkresia Viharova
Dr. David Ieroham
Tsvetelina Yosifova
30 h, 3 cr.

APPM The end of the interpretations

Prof. Kamelia Nikolova, Ph.D.
Assoc. Prof. Dr. Georgi Arnaudov
30 h, 3 cr.

APPM332 Psychodrama and Object Relationships

Dr. David Ieroham
Tsvetelina Yosifova
30 h, 3 cr.

Out-of-Exam courses (5 in number):

APPM111 Project: Participation in research project under supervision II part

Assoc. Prof. Dr. Ekaterina Todorova
Dr. David Ieroham
Tsvetelina Yosifova
60 h, 6 cr.

APPM112 Seminar: Practical course with guest lecturer and team II part

Prof. Dr. Violeta Boyanova
Tsvetelina Yosifova
30 h, 3 cr.

APPM316 Standalone: Research, analysis, development of project II part

Dr. Galina Markova-Derelieva
Tsvetelina Yosifova
30 h, 3 cr.

APPM319 Seminar: Supervision and Consideration case studies II part

Prof. Dr. Ivajlo Turnev, Ph.D.
Dr. David Ieroham
30 h, 3 cr.

APPM320 Practice II part

Assoc. Prof. Dr. Ekaterina Todorova
Assoc. Prof. Dr. Diana Tsirkova
30 h, 6 cr.

THIRD SEMESTER

Audience (7):

APPM104 Sociometric Approaches

Assoc. Prof. Haralan Alexandrov
Zlatko Teoharov
30 h, 3 cr.

APPM115 Theory and practice of the group process (groups, organizations and communities)

Dr. David Ieroham
Tsvetelina Yosifova
30 h, 3 cr.

APPM117 Stage analysis and text interpretation

Assoc. Vazkresia Viharova
Dr. David Ieroham
Tsvetelina Yosifova
30 h 3 cr.

APPM124 Basic functional disorders with children

Assoc. Prof. Dr. Ekaterina Todorova
30 h, 3 cr.

APPM302 Psychodrama and Psychoanalysis

Dr. David Ieroham
Tsvetelina Yosifova
30 h, 3 cr.

APPM303 Psychoanalysis of Art

Dr. David Ieroham
Tsvetelina Yosifova
30 h, 3 cr.

APPM333 Psychodrama and group work with dreams

Dr. David Ieroham
Tsvetelina Yosifova
30 h, 3 cr.

Internship (15 credits):

APMM211 Internship

Prof. Ivaylo Turnev, Ph.D.
Assoc. Prof. Dr. Diana Tsirkova
Dr. David Ieroham
Tsvetelina Yosifova
150 h, 15 cr.